

《The One Thing (The Surprisingly Simple Truth  
Behind Extraordinary Results 纽约时报畅销书  
哈佛大学重度推荐经管图书  
当当网5星级英文学习产品 9781848549241)》

书籍信息

版次：1  
页数：239  
字数：  
印刷时间：2013年07月01日  
开本：16开  
纸张：胶版纸  
包装：平装  
是否套装：否  
国际标准书号ISBN：9781848549241

## 内容简介

**YOU WANT LESS.** You want fewer distractions and less on your plate. The daily barrage of e-mails, texts, tweets, messages, and meetings distract you and stress you out. The simultaneous demands of work and family are taking a toll. And what's the cost? Second-rate work, missed deadlines, smaller pay cheques, fewer promotions-and lots of stress. **AND YOU WANT MORE.** You want more productivity from your work. More income for a better lifestyle. You want more satisfaction from life, and more time for yourself, your family, and your friends. **NOW YOU CAN HAVE BOTH-LESS AND MORE.** In **The ONE Thing**, you'll learn to cut through the clutter achieve better results in less time build momentum toward your goal dial down the stress overcome that overwhelmed feeling revive your energy stay on track master what matters to you **The ONE Thing** is the New York Times bestseller which delivers extraordinary results in every area of your life-work, personal, family, and spiritual. **WHAT'S YOUR ONE THING?**

## 作者简介

Gary Keller is chairman of the board and cofounder of Keller Williams Realty, Inc., one of the largest real estate companies in the world. His New York Times bestselling books have sold more than 1,300,000 copies. Jay Papasan, a former editor at HarperCollins Publishers in New York, co-authors Gary's books and is Vice President of Publishing at Keller Williams. He's a frequent event speaker and corporate trainer.

本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

[更多资源请访问www.tushupdf.com](http://www.tushupdf.com)