

《Twins 101: 50 Must-Have Tips For Pregnancy Through Early Childhood From Doctor M.O.M 9780470343685》

书籍信息

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编辑推荐

The first must-have book of emergency tips for the parents of twins, written by an experienced clinical pediatrician and med school teacher who is herself the mother of twins -- for the rapidly increasing (one out of every thirty births, 130,000 new twin births every year) mothers-of-twins market.

内容简介

"A must-read for expectant or multitasking mothers of multiples by an academic pediatrician and mother of twins, *Twins 101* provides practical tips and wise words in a readable style that fits into the fast pace of these mothers' lives."

—Theodore Sectish, MD, associate professor of pediatrics, Harvard Medical School; program director, Children's Hospital Boston
Dr. Le-Bucklin's new parenting book is the first by a pediatrician who is also a mother of twins. No other pregnancy and parenting book for multiples offers this unique and much-needed perspective. *Twins 101* features practical advice and well-researched information in an easy-to-read format. From maintaining a healthy twin pregnancy to meeting the daily challenge of caring for twins, *Twin 101* guides families through each stage with insightful tips, practical advice, useful resources, and inspirational stories.

作者简介

Khanh-Van Le-Bucklin, M.D., M.O.M., is an academic pediatrician at the University of California, Irvine. She received her medical degree from the University of California, San Francisco, and completed her pediatric residency at Stanford University. She earned her Mother of Multiples (M.O.M.) degree in 2006 with the birth of her twin daughters, Faith and Hope.

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