

《Child Psychology & Development For Dummies

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内容简介

A complete and comprehensive guide to why kids behave and think the way they do-and how to bring out the best in them. In the U.S., more than 10% of children are diagnosed with psychiatric disorders, while countless others remain undiagnosed. Defining what is "normal" and what is not is of great concern to anyone who works with, guides, nurtures, teaches, or parents children. With new discoveries in mental disorders that affect children, *Child Psychology & Development For Dummies* provides an informational guide to cognitive development at every stage of a child's life, as well as how to diagnose, treat, and overcome the cognitive barriers that impede learning and development. How to identify and treat mental disorders Covers behavior disorders, autism, attention deficit disorder, reading disabilities, bipolar disorder, and more Guidance on helping a child control impulses, develop self-esteem, and have good relationships An essential guide for parents, teachers, and caregivers, *Child Psychology & Development For Dummies* provides a detailed overview of an average child's cognitive development, how to detect abnormalities, and what to do next.

作者简介

Laura L. Smith, PhD, is a clinical and school psychologist. Charles H. Elliott, PhD, is a clinical psychologist and founding fellow of the Academy of Cognitive Therapy. Together they have written several books, including *Borderline Personality Disorder For Dummies* and *Obsessive-Compulsive Disorder For Dummies*.

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