

# 《Free-Range Kids: How To Raise Safe, Self-Reliant Children (Without Going Nuts With Worry)》

## 9780470574751》

### 书籍信息

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## 内容简介

"FREE RANGE KIDS" has become a national movement, sparked by the incredible response to Lenore Skenazy's piece about allowing her 9-year-old ride the subway alone in NYC. Parent groups argued about it, bloggers blogged and the media jumped all over it. This book debunks dangerous myths and advocates rational care for safe and independent kids, using the Range Parenting Commandments, including: Know When to Worry (And Not) -- Playdates and Axe Murders: How to Tell the Difference Never Listen to Experts -- Who Says You Are Doing Everything Wrong. Them. Who knows less than you do about you and your kids. Them Eat Chocolate -- Give Halloween Back to the Trick or Treaters. There's never been a single case of a razor blade in an Apple in history. Never. Turn off the 24 Hour News TURN OFF THE 24 HOUR NEWS -- Go Easy on "Law and Order" too. The inflammatory hysteria will make you crazy. Stop Thinking Like a Lawyer -- Some aspects of normal life will not lead to litigation. Study History -- Your 10-year-old Would Have Been Forging Horse Shoes (or at least delivering papers) Fail -- It's the New Succeed. How else are you going to learn. Listen to Your Kids -- They're sick of Being Babied (except the actual babies, of course) Listen to Your Parents -- They raised you, right? And you're still alive. Relax -- Not every little thing you do impacts your child's development, unless you smother or inspire rebellion. A lot of parents today, Skenazy says, see no difference between letting their kids walk to school and letting them walk through a firing range. Any risk is seen as too much risk. But if you try to prevent every possible danger or difficulty in your child's everyday life, that child never gets a chance to grow up. We parents have to realize that the greatest risk of all just might be trying to raise a child who never encounters choice or independence. This book strikes a happy balance for safe and self-reliant kids who must ultimately live without us.

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## 作者简介

LENORE SKENAZY is a syndicated columnist, humorist, and founder of Free-Range Kids. She has written for periodicals from Reader's Digest to The Times (of London) to Mad magazine, and been a commentator on CNBC, the Food Network, and NPR. Her books include The Dysfunctional Family Christmas Songbook and Who's the Blonde That Married What's-His-Name? She lives with her husband and two sons in New York City.

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## 媒体评论

"This book is a bubbly but potent corrective for the irrational fears that drive so many parents crazy. Skenazy is witty, perceptive, persuasive, and above all, sensible."

—Robert Needleman, M.D., coauthor, *Dr Spock's Baby and Child Care*, 8th Edition.

—Carl Honoré, author, *In Praise of Slowness and Under Pressure*

—Mary Roach, author, *Bonk and Stiff*

—David Harsanyi, syndicated columnist and author, *Nanny State*.

—Nancy McDermott, parenting blogger, *Spiked Online*

—Amity Shlaes, author, *The Forgotten Man*

—Jordan Lite, news reporter, *Scientific American* online

" is the best kind of manifesto: smart, funny, rigorous, sane, impassioned, and bristling with common sense. If you're a parent, or planning to become one, read this book. You have nothing to lose – apart from your anxiety."—Carl Honoré, author, and

"Even scaredy-cat parents like myself now have a how-to manual on overcoming irrational suspicions and, finally, differentiating between an axe murderer and a play date!"—David Harsanyi, syndicated columnist and author,

"Moral insight without moralizing—how rare is that?"—Amity Shlaes, author,

"Read this book—Mommy said you could."—Penn Jillette, Penn & Teller

"FREE RANGE KIDS" has become a national movement, sparked by the incredible response to Lenore Skenazy's piece about allowing her 9-year-old ride the subway alone in NYC. Parent groups argued about it, bloggers, blogged, spouses became uncivil with each other, and the media jumped all over it. A lot of parents today, Skenazy says, see no difference between letting their kids walk to school and letting them walk through a firing range. Any risk is seen as too much risk. But if you try to prevent every possible danger or difficulty in your child's everyday life, that child never gets a chance to grow up. We parents have to realize that the greatest risk of all just might be trying to raise

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