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内容简介

A no-holds-barred account of what you can really expect when you're expecting No woman is spared the discomforts and humiliations of pregnancy, but most are too polite to complain or too embarrassed to talk about them. Not Jenny McCarthy! In Belly Laughs, actress and new mother Jenny McCarthy reveals the naked truth about the tremendous joys, the excruciating pains, and the unseemly disfigurement that go along with pregnancy. Never shy, frequently crude, and always laugh-out-loud funny, McCarthy covers it all in the grittiest of girlfriend detail! From morning sickness and hormonal rage, to hemorrhoids, pregnant sex, and the torture and sweet relief that is delivery, Belly Laughs is must-read comic relief for anyone who is pregnant, who has ever been pregnant, is trying to get pregnant, or indeed, has ever been born!

作者简介

Jenny McCarthy is the former host of the popular MTV dating show Singled Out. She has starred in several films, including Scream 3 and Scary Movie 3, and she has recently appeared in several US sitcoms. In 2002, McCarthy and her director husband John Asher had their first child, Evan.

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