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内容简介

In Paris for a weekend visit, Elizabeth Bard sat down to lunchwith a handsome Frenchman--and never went home again.

Was it love at first sight? Or was it the way her knife slideffortlessly through her pav é au poivre, the steak's pinkjuices puddling into the buttery pepper sauce? LUNCH IN PARIS is amemoir about a young American woman caught up in two passionatelove affairs--one with her new beau, Gwendal, the other with Frenchcuisine. Packing her bags for a new life in the world's mostromantic city, Elizabeth is plunged into a world of bustlingopen-air markets, hipster bistros, and size 2 femmesfatales. She learns to gut her first fish (with a little helpfrom Jane Austen), soothe pangs of homesickness (with the rise of achocolate souffl é) and develops a crush on her local butcher (whobears a striking resemblance to Matt Dillon). Elizabeth finds thatthe deeper she immerses herself in the world of French cuisine, themore Paris itself begins to translate. French culture, shediscovers, is not unlike a well-ripened cheese-there may be acrusty exterior, until you cut through to the melting, piquantheart.

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作者简介

Elizabeth Bard is an American journalist based in Paris. She has written about art, travel and digital culture for The New York Times, The International Herald Tribune, Wired, Time Out and The Huffington Post. She makes a mean chocolate souffl é.

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