

《What Every BODY is Saying : An Ex-FBI Agent 's Guide to Speed-Reading People每一个肢体动作的寓意：一位前FBI教你如何快速读懂别人》

书籍信息

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内容简介

He says that's his best offer. Is it?

She says she agrees. Does she?

The interview went great—or did it?

He said he'd never do it again. But he did.

Read this book and send your nonverbal intelligence soaring. Joe Navarro, a former FBI counterintelligence officer and a recognized expert on nonverbal behavior, explains how to "speed-read" people: decode sentiments and behaviors, avoid hidden pitfalls, and look for deceptive behaviors. You'll also learn how your body language can influence what your boss, family, friends, and strangers think of you. You will discover:

The ancient survival instincts that drive body language

Why the face is the least likely place to gauge a person's true feelings

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and strangers think of you. You will discover: The ancient survival instincts that drive body

language Why the face is the least likely place to gauge a person's true feelings

What thumbs, feet, and eyelids reveal about moods and motives

The most powerful behaviors that reveal our confidence and true sentiments

Simple nonverbals that instantly establish trust

Simple nonverbals that instantly communicate authority

Filled with examples from Navarro's professional experience, this definitive book offers a powerful new way to navigate your world. For twenty-five years, Joe

Navarro was an FBI counterintelligence special agent and supervisor specializing in nonverbal

communications. A frequent lecturer, he serves on the adjunct faculty at Saint Leo University and

the FBI.

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