

# 《The Survivors Club 幸存者俱乐部(又译：哇！救命书)》

## 书籍信息

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## 编辑推荐

加入幸存者俱乐部，了解幸存者生还内幕，挖掘生还背后隐藏的利器，发现自身的幸存者潜能，增加自己的生还几率，让死神绕道而行。

车祸、暴力事件、地震、致命流感、债务危机.....

地球很危险，平均每两天，你就有一次机会拜见上帝。

但你可知道：

当灾难来临时，

头3秒，80%的人会丧生！

1分钟后，只有10%成为幸存者！

是谁，可以躲过死神的魔掌？

又是谁，可以成为扭转命运的英雄？

你，有没有成为幸存者的IQ与潜质？

## 内容简介

Sherwood (The Man Who Ate the 747), a writer for the L.A. Times, travels worldwide to gain insight from people who have survived a slew of near fatal phenomena ranging from a mountain lion attack to a Holocaust concentration camp, and interviewing an array of experts to understand the psychology, genetics and jumble of other little things that determines whether we live or die. Readers curious about their own survivor profile can take an Internet test, which is explained in the books later pages. Sherwoods assertion that survival is a way of perceiving the world around you is enlightening, as are some of the facts he uncovers: you have 90 seconds to leave a plane crash before the cabin temperature becomes unbearable; luck has more to do with personal perspective than chance. But Sherwoods balance of self-help, scientific theories and first-rate reporting is diminished by occasionally overwrought prose as well as the countless survivors stories, which can run together in a touchy-feely stream of faith and optimism.

## 目录

### 作者简介

Ben Sherwood is a bestselling author and award-winning journalist. His novel The Man Who Ate the 747 was published in 13 languages and is being adapted as both a feature film and musical. A former broadcast producer for NBC Nightly News, he joined Good Morning America in April 2004 as executive producer and stayed in that position until Fall 06. He lives with his wife and son in Los Angeles.

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