

# 《肥胖门诊治疗 Office Management of Obesity》

## 书籍信息

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## 内容简介

This book addresses the prevalence and risks of obesity and how primary care physicians should approach evaluation and treatment for the obese patient. Chapters include succinct explanations on the prevalence of obesity, how food intake leads to weight gain, and how the primary care physician should treat the obese patient, including new drug therapies, the risks and benefits of herbal preparations, and behavioral modifications. George Bray is a renowned expert in the field of obesity, and has brought many of obesity's "big players" into the book as contributors. The chapters are current, concise, and review the most relevant information in the field.

## 目录

Evaluation of Body Composition: Practical Guidelines

The Prevalence of Obesity

Etiology of Obesity

Metabolic Syndrome

The Menopause and Obesity

Problems in Childhood Obesity

Obesity: Food Intake

Risks of Obesity

The Office Approach to the Obese Patient

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